

The presence of Jesus in the gathering of His people is the sweetest blessing we enjoy when we meet. We pray that you will find peace, comfort, and power for living today.

A visitor's card is provided in the book rack, to give us a record of your visit.

SUNDAY		ATTENDANCE LAST SUNDAY
Bible Study	10:00 AM	
Worship	11:00 AM	Morning Worship 37
Evening	6:00 PM	Evening Worship 14
WEDNESDAY BIBLE STUDY	6:30 PM	Wednesday 25
Fellowship Meal	12:30 PM	Contribution \$1069.00
(Every 1 st Sunday)		
Men's Meeting	5:00 PM	
Last Sunday of every month)		

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TO OUR FRIENDS:

MESSENGER FOR CHRIST



BRUNSWICK CHURCH OF CHRIST January 26, 2014

Forgiveness by <u>Tim Archer</u>

Nelson Mandela took a bit of proverbial wisdom and made it his: "Resentment is like drinking poison and then hoping it will kill your enemies." Others had said it before him, but Mandela lived it out in a public way, showing nothing but forgiveness toward those who kept him in prison. When inaugurated as President of South Africa, Mandela even invited one of the prison guards to the ceremony.

Studies have shown resentment to be harmful to our health, while forgiveness has the opposite effect. A 2004 Harvard study found five principal benefits to forgiveness:

- Reduced stress
- Better heart health
- Stronger relaionships
- Reduced pain
- Greater happiness

Jesus offered more powerful reasons. One is that we forgive others because God forgives us. He told the story of a man who was forgiven an impossible Continued...

"...The Churches of Christ salute you." Romans 16:16

Continued...

debt who then had another man thrown into prison because of a much smaller debt. God is willing to forgive every one of our sins; how can we then turn around and be unforgiving toward others?

Jesus said:

"For if you forgive men when they sin against you, your heavenly Father will also forgive you. But if you do not forgive men their sins, your Father will not forgive your sins" (Matthew 6:14-15).

Forgiveness is good for you. Resentment is harmful. The choice should be easy, yet we often find ourselves keeping a record of the wrongs done against us.

Let me encourage you to let them go. Forgive. Move on with your life, focusing on the future and not the past. Find the peace that God can bring to your life when you're willing to forgive.

Via Heartlight.Org.

There will be a Celebration of Life memorial service for our brother, Jack Coldwell on Sunday, February 2, 2014, at 2 pm. A brief reception will follow.

God's Plan for Man
Hear God's Word
Heb. 11:6; Rom. 10:17
Believe in Jesus
Jn. 8:24
Repent of Sins
Lk. 13:3; 2 Cor. 7:10
Confess Jesus' Name
Mt. 10:32-33; Rom. 10:9-10; Mt. 16:15-16
Be Baptized
Mk. 16:15-16; Mt. 28:18-19; Acts 2:38, 41;
Acts 22:16; Rom. 6:3-4
Live Faithful until Death
Mt. 10:22; Rev. 2:10

The Bible study topic for Wednesday night: A Chronological Study of the Life of Jesus Bible study starts at 6:30 PM.



We will have our fellowship meal next Sunday. At that time we will celebrate the birthdays and anniversaries in February. Bring your favorite food dish and invite a friend.



Opportunities to Serve

	Today	02/02/14
Welcome	John Lloyd	John Lloyd
Song Leader	John Bowling	Willie Gore
Opening Prayer	Charlie Gamble	Dick Phillips
Communion	*John Lloyd	*John Bowling
	Willie Gore	Lynn Means
	Bill Bartlow	Bill Bartlow
Scripture Reading	Don Lockey	Albert Sturdiva

Speaker Rick Massey Rick Massey
Closing Prayer Albert Sturdivant John Lloyd

Evening Willie Gore Memorial Service at 2 pm
Nursery Carolyn Bowling BJ Lockey/Abi Garner

The Nursery will be open to receive children following the Communion.

Please remember to pray for the sick, lonely, and especially anyone outside Christ.

TRAVELING

Gloria Coldwell

DEATHS

Jack Coldwell Family Samuel Holden Family

The complete prayer list is on the bulletin board.

Ladies Bible Study

The ladies bible study will be held Tuesday, at 10:00 am in the fellowship room. Our study is about "God's Promises". Our time together will include prayer and songs of praise. You are welcome to join us.

There will be a men's meeting today at

5:00 pm. You are encouraged to attend.

